

Arizona CEC Fall 2020 Book Study

*Practice self-care
between two covers!*



On-line interactive book studies are a great way to earn professional development credit! Each book earns you 20 hours of professional development credit. These CEUs can be used for DHS licensure renewal. Registration ends on **October 9, 2020** and the book study starts on October 12. It must be completed by **January 24, 2021**.

Lost at School

*Why Our Kids With Behavioral Challenges Are Falling
Through the Cracks and How We Can Help Them*
2014 Edition

By Ross W Greene

School discipline is broken. Too often the kids who need our help the most are viewed as disrespectful, out of control and beyond help. These students, parents, teachers, and administrators are frustrated and desperate for answers. The Collaborative & Proactive Solutions Model helps adults focus on the factors contributing to challenging behaviors and empower educators to address these factors and create helping relations with at-risk kids.

Helping Your Anxious Child

2nd Edition 2008

**By Rapee, Wignall, Spence, Cobham &
Lyneham**

Most children are afraid of the dark. Some fear monsters under the bed. But at least ten percent of children have excessive fears and worries—phobias, separation anxiety, panic attacks, social anxiety, or obsessive-compulsive disorder—that can hold them back and keep them from fully enjoying childhood. If your child, or student, suffers from any of these forms of anxiety, the program in this book offers practical, scientifically proven tools that can help.

Crucial Conversations Tools for Talking When the Stakes Are High 2nd Edition

by Patterson, Grenny, McMillan & Switzler

There are events in our life that have more influence than others, and often these decisive events are crucial conversations that we have with very important people in our life, be they personal or professional. This book teaches us how to manage and use these conversations to their full potential in order to build a better life. These lessons are applicable for those hard conversations both professionally and in our personal life.

The Boy Who Was Raised as a Dog

**And Other Stories from a Child Psychiatrist's
Notebook--What Traumatized Children Can
Teach Us About Loss, Love, and Healing**

By Dr. Bruce Perry & Maia Szalavitz

What happens when a young brain is traumatized? How does terror, abuse, or disaster affect a child's mind -- and how can that mind recover? This book explains what happens to the brain when a child is exposed to extreme stress -- and reveals the unexpected measures that can be taken to ease a child's pain and help him grow into a healthy adult.

AZCEC presents **CEC Fall 2020 Book Studies**

You may register for any or all of the book studies .

Name: _____ Are you a CEC member? Y N
Email : _____ Phone: _____
School District: _____ Position: _____
City: _____ Please specify any accommodations needed: _____

Mark which book study or studies you would like to do.

- Lost at School**
- Helping Your Anxious Child**
- Crucial Conversations**
- The Boy Who Was Raised As a Dog**

Cost \$45 for each online book study. You must register and pay by October 9, 2020. The book study starts on Oct 12 and it must be completed by January 24, 2021 to receive 20 hours of professional development credit. No partial credit is given. Professional development credit is issued after the book study is complete. These books may be used for DHS licensure renewal credit.

Payment

- \$ 45.00 **Lost at School**
 - \$ 45.00 **Helping Your Anxious Child**
 - \$ 45.00 **Crucial Conversations**
 - \$ 45.00 **The Boy Who Was Raised As a Dog**
- A check is enclosed for the amount of: _____
 - I'd like to pay by credit card, please send me an invoice for \$ _____
 - Purchase order is attached
-

Send registration/payment to:

AZCEC
4850 W Kay T Drive
Tucson, AZ 85745

OR Scan/Email to: ArizonaCEC1@gmail.com

**Paying by Credit Card? Scan & Email completed registration form to ArizonaCEC1@gmail.com
A credit card invoice will be emailed to you within 24 hours**

Questions?
Please email ArizonaCEC1@gmail.com or call: 520-870-8274

Sorry, no refunds after the start of the book study.