

Social/Emotional Well-Being Recovery: Fostering Student Resilience



As our students return to on campus instruction, teachers and psychologists will need to be prepared to provide the support necessary for our students to be successful!

Objectives of this presentation:

- Understanding students' social-emotional well-being resulting from the stressors of the pandemic.
- Discuss Multi-Tier System of Supports (MTSS) as a schoolwide framework to address students' social, emotional, and behavioral needs.
- Identify strategies and resources to support students' needs.
- Discuss specific considerations for students with disabilities.
- Understand why self-knowledge and self-care are important.

The Purpose of this Presentation is to:

- Explore the importance of using proactive schoolwide systems to promote social & emotional well-being.
- Understand the impact of COVID-19 on wellness.
- Apply knowledge and skills with implementing evidence-based strategies and resources.

Audience: Pre-K to High School Special Educators and Psychologists

Date: Saturday, August 28, 2021

Time: 9 am-12: 00 noon

Cost: \$10.00 (Members), \$20 NonMembers
\$5 Board Members (CEC & AASP)

Register: <https://tinyurl.com/yk5xrcwj>
Zoom Presentation with
Break outs for discussion/questions

3 Recertification Hours for participants

Our Workshop Presenters:

Kathy Bohan, Ed.D., NCSP, AASP Pres., Az Licensed Psychologist

Dr. Kathy Bohan is the AASP President for 2021-2022. She is Associate Professor Emerita at NAU where she taught in the Department of Educational Psychology for 20 plus years. At NAU, she served as the school psychology program training coordinator and faculty. She also taught numerous undergraduate and graduate courses to students in special education and elementary education programs. Dr. Bohan was the Department Chair for five years and the College of Education Associate Dean for six years. Dr. Bohan was a practicing school psychologist, special education director and teacher.

Stacy Anderson, PsyD, MC, NCC, AASP Pres.-Elect

Dr. Stacy Anderson is AASP President-Elect for 2021-2022 and the Central Region Director and Interim Social Media Coordinator in 2020-21. She currently works as a school psychologist for the Paradise Valley Unified School District. She has been an adjunct faculty for Argosy University, NAU, and ASU. Her previous employment includes working for two behavioral health agencies as a case manager, clinical therapist, and supervisor for youth and adults. Dr. Anderson has co-facilitated the implementation of Multi-Tier System of Supports that led to a Positive Behavioral Interventions and Supports gold award and assisted in becoming an A+ School of Excellence recipient. She worked with district level staff during the COVID-19 pandemic to assist in creating special education guidelines and provided supervision and training to other school psychologists and educators regarding best practices for providing services during the global pandemic.

Jamie Timmerman, PhD, NCSP, AASP Past Pres.

Dr. Jamie Timmerman is the AASP Past President for 2021-2022. She currently serves as a Certified School Psychologist in Balsz School District. She has previously been an adjunct faculty for NAU in the teacher training program and is currently an instructor for the UA School Psychology training program in Chandler. Dr. Timmerman has mentored school psychology practicum and internship students. She is a proud NAU alumni, where she received her Masters in School Counseling and Doctoral degree in Educational Psychology.